# Cosmetology/Cosmetologist, General CIP 12.0401

# Competency Task List

## 100 Bacteriology Disinfection Sanitation

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| Item | Task  | (X) Indicates Proficiency 1 | Secondary Course Crosswalk |
| 101 | Define the classifications and reproduction of bacteria and viruses. |   |   |
| 102 | Differentiate the differences between sanitation, disinfection, and sterilization. |  |  |
| 103 | Perform infection control procedures for salon tools and services. |  |  |
| 104 | Apply concepts of universal/standard precautions. |  |  |

## 200 Professional Attitude

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| Item | Task  | (X) Indicates Proficiency 1 | Secondary Course Crosswalk |
| 201 | Perform a client consultation and maintain documentation. |   |   |
| 202 | Exhibit professional ethics. |   |   |
| 203 | Use communication skills, including listening, speaking, and writing. |   |   |

## 300 Business Practices

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| Item | Task  | (X) Indicates Proficiency 1 | Secondary Course Crosswalk |
| 301 | Design a business plan. |  |   |
| 302 | Design a personal financial plan. |  |   |
| 303 | Comply with safety regulations, including Safety Data Sheets (SDS) and Occupational Safety Health Administration (OSHA). |  |  |

## 400 Pennsylvania Cosmetology Law

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| Item | Task  | (X) Indicates Proficiency 1 | Secondary Course Crosswalk |
| 401 | Follow cosmetology laws, rules, and regulations. |  |   |

## 500 Anatomy and Histology

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| Item | Task  | (X) Indicates Proficiency 1 | Secondary Course Crosswalk |
| 501 | Identify the structure and composition of the integumentary system. |   |   |
| 502 | Identify the structure and composition of the nail. |   |   |
| 503 | Identify the structure and composition of the skeletal system. |  |  |
| 504 | Identify the structure and composition of the muscular system. |  |  |
| 505 | Identify the structure and composition of the nervous system. |  |  |
| 506 | Identify the structure and composition of the circulatory system. |  |  |

## 600 Trichology

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| --- | --- | --- | --- |
| Item | Task  | (X) Indicates Proficiency 1 | Secondary Course Crosswalk |
| 601 | Identify the structure and composition of the hair. |   |   |
| 602 | Recognize diseases and disorders of the hair and scalp. |   |   |
| 603 | Analyze the characteristics of client's hair and scalp. |   |   |

## 700 Chemistry

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| Item | Task  | (X) Indicates Proficiency 1 | Secondary Course Crosswalk |
| 701 | Explain the five elements of the hair. |   |   |
| 702 | Measure the effects of pH pertaining to hair and skin. |  |  |
| 703 | Differentiate between the physical and chemical changes involved in various hair services. |  |  |
| 704 | Assess chemical reactions as they relate to various services. |  |  |
| 705 | Determine chemical contents of hair, skin, and nail products. |  |  |

## 800 Physiology

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| Item | Task  | (X) Indicates Proficiency 1 | Secondary Course Crosswalk |
| 801 | Identify the functions of the integumentary system. |   |   |
| 802 | Identify the functions of the nail. |   |   |
| 803 | Identify body structures and systems. |   |   |
| 804 | Determine the function of the skeletal system. |  |  |
| 805 | Determine the function of the muscular system. |  |  |
| 806 | Determine the function of the nervous system. |  |  |
| 807 | Determine the function of the circulatory system. |  |  |

## 900 Reserved

## 1000 Electricity

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| Item | Task  | (X) Indicates Proficiency 1 | Secondary Course Crosswalk |
| 1001 | Explain principles of electricity. |   |   |
| 1002 | Follow the safety measures related to electricity. |   |   |
| 1003 | Explain the types, uses, and benefits of light therapy.  |   |   |
| 1004 | Explain the types, uses, and benefits of electrotherapy. |  |  |

## 1100 Shampoo and Conditioning

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| --- | --- | --- | --- |
| Item | Task  | (X) Indicates Proficiency 1 | Secondary Course Crosswalk |
| 1101 | Perform draping for all hair services. |   |   |
| 1102 | Determine a product based on individual client needs. |   |   |
| 1103 | Perform various shampoo and conditioning treatments on a client. |   |   |

## 1200 Hair Shaping

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| --- | --- | --- | --- |
| Item | Task  | (X) Indicates Proficiency 1 | Secondary Course Crosswalk |
| 1201 | Execute safe handling of haircutting tools. |   |   |
| 1202 | Perform various haircutting techniques with shears. |   |   |
| 1203 | Perform various haircutting techniques with a razor. |   |   |
| 1204 | Perform various clipper cutting techniques. |  |  |
| 1205 | Perform various texturizing techniques. |  |  |
| 1206 | Perform facial, ear, and neck hair removal.  |  |  |

## 1300 Hairstyling

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| --- | --- | --- | --- |
| Item | Task  | (X) Indicates Proficiency 1 | Secondary Course Crosswalk |
| 1301 | Perform finger wave techniques. |   |   |
| 1302 | Use hairstyling implements and equipment. |   |   |
| 1303 | Design a hairstyle to compliment the client's features. |   |   |
| 1304 | Perform roller setting and comb-out techniques. |  |  |
| 1305 | Perform pincurl setting and comb-out techniques. |  |  |
| 1306 | Perform various braiding techniques. |  |  |
| 1307 | Perform various techniques using a thermal iron. |  |  |
| 1308 | Perform various blow-drying techniques. |  |  |
| 1309 | Perform various techniques using a marcel iron. |  |  |
| 1310 | Perform hair pressing techniques showing soft, medium, and hard press. |  |  |

## 1400 Chemical Texturizing

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| --- | --- | --- | --- |
| Item | Task  | (X) Indicates Proficiency 1 | Secondary Course Crosswalk |
| 1401 | Select appropriate products for chemically straightening hair. |   |   |
| 1402 | Perform various chemical relaxing services. |   |   |
| 1403 | Investigate the procedure of a soft curl permanent. |   |   |

## 1500 Permanent Waving

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| --- | --- | --- | --- |
| Item | Task  | (X) Indicates Proficiency 1 | Secondary Course Crosswalk |
| 1501 | Perform various wrapping techniques. |   |   |
| 1502 | Select the appropriate solution according to client needs. |   |   |
| 1503 | Perform permanent waving service. |  |  |

## 1600 Hair Coloring

|  |  |  |  |
| --- | --- | --- | --- |
| Item | Task  | (X) Indicates Proficiency 1 | Secondary Course Crosswalk |
| 1601 | Perform and evaluate a predisposition test. |   |   |
| 1602 | Perform and evaluate a strand test. |   |   |
| 1603 | Perform a temporary hair color service. |   |   |
| 1604 | Perform a semi-permanent/demi-permanent hair color service. |  |  |
| 1605 | Perform a permanent hair color service. |  |  |
| 1606 | Perform a hair lightener and toner application. |  |  |
| 1607 | Create special effect techniques. |  |  |
| 1608 | Perform corrective color techniques. |  |  |
| 1609 | Formulate color as it relates to the law of color. |  |  |

## 1700 Reserved

## 1800 Skin Care

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| --- | --- | --- | --- |
| Item | Task  | (X) Indicates Proficiency 1 | Secondary Course Crosswalk |
| 1801 | Drape client for basic skin care services. |   |   |
| 1802 | Select products based on individual client needs. |   |   |
| 1803 | Perform a basic facial. |   |   |
| 1804 | Identify/use skin care implements and equipment. |  |  |
| 1805 | Identify skin diseases, disorders, and contributing factors. |  |  |
| 1806 | Analyze client’s skin.  |  |  |

## 1900 Nail Technology

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| --- | --- | --- | --- |
| Item | Task  | (X) Indicates Proficiency 1 | Secondary Course Crosswalk |
| 1901 | Prepare a manicure table. |   |   |
| 1902 | Use nail care implements and equipment. |   |   |
| 1903 | Perform a basic manicure.  |   |   |
| 1904 | Perform massage treatments on the hands and feet. |  |  |
| 1905 | Perform various specialty manicures. |  |  |
| 1906 | Determine components of artificial nail services. |  |  |
| 1907 | Perform pedicure procedures. |  |  |
| 1908 | Recognize nail diseases and disorders and contributing factors. |  |  |

## 2000 Temporary Hair Removal

|  |  |  |  |
| --- | --- | --- | --- |
| Item | Task  | (X) Indicates Proficiency 1 | Secondary Course Crosswalk |
| 2001 | Differentiate between various methods of temporary hair removal. |   |   |
| 2002 | Perform various methods of temporary hair removal. |   |   |

## 2100 Scalp Treatment

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| --- | --- | --- | --- |
| Item | Task  | (X) Indicates Proficiency 1 | Secondary Course Crosswalk |
| 2101 | Perform a basic scalp treatment.  |   |   |
| 2102 | Explain the use of electrical equipment during a scalp treatment. |   |   |

## 2200 Wigs and Hair Additions

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| --- | --- | --- | --- |
| Item | Task  | (X) Indicates Proficiency 1 | Secondary Course Crosswalk |
| 2201 | Select and apply products pertaining to wigs and hair additions. |   |   |
| 2202 | Use specialty hairstyling equipment. |   |   |
| 2203 | Use implements, equipment, and products with synthetic and human hair. |   |   |
| 2204 | Compare and contrast synthetic and human hair services. |  |  |
| 2205 | Perform application and styling services on wigs, hair pieces, and extensions. |  |  |

## 2300 Make-up

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| --- | --- | --- | --- |
| Item | Task  | (X) Indicates Proficiency 1 | Secondary Course Crosswalk |
| 2301 | Create basic daytime make-up techniques.  |   |   |
| 2302 | Create basic evening make-up techniques. |   |   |
| 2303 | Perform corrective make-up techniques according to client needs. |   |   |
| 2304 | Apply eyelashes. |  |  |

1 Student Demonstrated Entry-Level Industry Proficiency as Indicated by (X)

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